

AA Big Book Chapter 2 & 3 Worksheets

Chapter 2 – There is a solution

What are the different types of drinkers and what distinguishes them from each other?

- 1. Type:_____ Description:_____ pg. 20
- 2. Type:_____ Description:_____ pg. 20
- 3. Type:_____ Description:_____ pg. 21

Where does the main problem center in an alcoholic? Pg. 23

- 1. The main problem of the alcoholic centers in his _____, rather than his _____.

What are the four “facts” of chapter 2?

- 1. The Tremendous fact: (pg. 17)

- 2. “The fact”: (pg. 24)

- 3. The Great Fact: (pg. 25)

- 4. The Central Fact: (pg. 25)

What 3 things are required for the successful consummation of this process? (Top of pg. 25)

- 1. _____
- 2. _____
- 3. _____

“We were in a position where life was becoming impossible, and if we passed into the region from which there is no return through human aid, we had but two alternatives: (pg.25)

- 1. One: _____
- 2. The Other: _____

"We, in our turn, sought the same escape with all the _____ of _____. What seemed at first a flimsy reed, has proved to be the loving and powerful _____. A new life has been given us or, if you prefer, "a _____" that really works. (pg. 28)

"We have no desire to convince _____ that there is only one way by which faith can be acquired." (pg. 28)

"We think it _____ what religious bodies our members identify themselves with as individuals. This should be an _____ affair which _____ in the light of past associations, or his present choice. _____ join religious bodies, but most of us favor such memberships." (pg. 28)

Chapter 3 – More about alcoholism

Why am I an alcoholic/addict?

1. _____ pg. 34
2. _____ pg. 39
3. _____ 2nd half of step 1

What is the crux of the problem that precedes relapses into drinking? (pg. 35)

So we shall describe some of the _____ that precede a relapse into drinking, for obviously this is the crux of the problem.

Page 35-36 tells the Story of Jim. What is the thought that started one more journey to the asylum for Jim?

Do you understand the story of the Jaywalker on pages 37-38? Circle one: Yes No

Page 39-41 tells the story of Fred. What is the thought that brings Fred to the hospital with unbearable pain and suffering?

Fill in the blanks in this paragraph: (pg 43)

Once more: The _____ at certain times has _____ against the first drink. Except in a few rare cases, neither he nor any other human being can provide such a defense. His defense must come from a _____.